

Week 1	Lunch	Dessert	Tea
Monday	Salmon and vegetable fried rice	Mixed Eton mess	Pizza
Tuesday	Cheesy broccoli fritters, mash and cheese sauce	Coconut and carrot cake with yoghurt	Chicken goujons and hummus dips
Wednesday	Bean burgers in rolls with sliced peppers	Pre-school cooking	Mini quiches
Thursday	Chicken and cucumber sugar snap noodles	cheesecake	Mixed summer potato salad
Friday	Sardine Bolognese and garlic bread	Ice lollies	Tofu stir fry

Week 2	Lunch	Dessert	Tea
Monday	Chicken and cous cous salad	Fruit salad	Tuna pasta bake
Tuesday	Sausages, bubble and squeak cakes with courgette chips	Pre-school cooking	Nachos, 3 beans filling and dips
Wednesday	Fish fingers, potato salad and salad	Lemon drizzle cake	Stuffed pitta breads
Thursday	Crust less quiche and sweetcorn fritters	Frozen yoghurt and fruit	Pizza
Friday	Jacket potatoes with chilli con carne	Fruit trifle	Fried rice

Week 3	Lunch	Dessert	Tea
Monday	Ham and mushroom tagliatelle with dough balls	Pre-school cooking	Mini sausages and homemade coleslaw
Tuesday	Fish cakes and vegetable rice	Fruit flan	Club sandwiches
Wednesday	Lentil and sweet potato burgers and tabbouleh	Choc ices	Pizza
Thursday	Filled wraps, wedges and salad	Dorset apple cake	Cold pasta salad with tomatoes and cheese
Friday	Sweet and sour pork and rice	Fruit crumble and ice cream	Cheese on toast

Week 4	Lunch	Dessert	Tea
Monday	Risotto and broccoli pesto	Ice cream and cones	Chicken salad
Tuesday	Spanish potatoes with ham and chorizo sauce	Jelly and fruit	Pizza
Wednesday	Chicken balls with broccoli and cauliflower cheese	Cheesecake	Sweet jacket potatoes and fillings
Thursday	Salmon lasagne and garlic bread	Pre-school cooking	Homemade soup and toast
Friday	Cheese and leek sausages, new potatoes and beans	Rice and apricot cake	Vegetable rice

Green – fish

Blue – vegetarian

Red – meat

All tea's to be served with a variety of salad.